

CDC BREAKFAST MENU








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Rice Krispies ½ c Diced Peaches 1 % Milk</p>	<p>2 Twin Bars ½ cup Cantaloupe pieces 1% Milk</p>	<p>3 Mini Waffle Madness ½ cup Diced Pears 1 % Milk</p>
<p>6</p> 	<p>7 Rice Krispies ½ Banana 1 % Milk</p>	<p>8 Honey Wheat Bar ½ C Mixed Fruit 1 % Milk</p>	<p>9 Pan Dulce ½ Banana 1 % Milk</p>	<p>10 Mini Strawberry Bagel w/ Cream Cheese Orange Wedges 1 % Milk</p>
<p>13 Cinnamon Glazed Pancakes Applesauce Cup 1 % Milk</p>	<p>14 Breakfast Bun ½ C Honeydew Melon 1% Milk</p>	<p>15 Rice Krispies ½ C Diced Peaches 1 % Milk</p>	<p>16 Pizza Bagel Orange Wedges 1% Milk</p>	<p>17 Mini Cinnis ½ c Diced Pears 1 % Milk</p>
<p>20 Mini Breakfast Cluster Orange Wedges 1% Milk</p>	<p>21 Rice Krispies ½ C Mixed Fruit 1 % Milk</p>	<p>22 Pan Dulce ½ Banana 1% Milk</p>	<p>23 Bakery Fresh Muffin Orange Wedges 1% Milk</p>	<p>24 Mini French Toast Applesauce Cup 1% Milk</p>
<p>27 Goody Bar ½ C Honeydew Melon 1% Milk</p>	<p>28 Cinnamon Bun ½ C Diced Peaches 1 % Milk</p>	<p>29 Breakfast Burrito ½ C Cantaloupe Pieces 1% Milk</p>	<p>30 Twin Bars ½ C Diced Pears 1% Milk</p>	

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Menu subject to change



CDC LUNCH MENU




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>Turkey and Cheese on a Bun ½ C Romaine Lettuce w/ Dressing Applesauce Cup 1 % Milk</p>	<p>2</p> <p>3 Teriyaki Beef Dippers ¼ C Fluffy Rice ¼ C Broccoli Florets Frozen Peach Cup 1 % Milk</p>	<p>3</p> <p>Dominos Cheese Pizza 4 Baby Carrots ¼ C Watermelon Pieces</p>
<p>6</p> 	<p>7</p> <p>Taco ¼ C Corn ½ C Watermelon Pieces</p>	<p>8</p> <p>Deluxe Hamburger on a Bun ¼ C Baked Beans ½ Banana</p>	<p>9</p> <p>Grilled Cheese Sandwich ¼ C Green Beans Orange Wedges</p>	<p>10</p> <p>Dominos Cheese Pizza ¼ C Broccoli Florets ¼ C Watermelon Wedge</p>
<p>13</p> <p>Turkey Calzone ¼ C Green Beans ¼ C Mixed Fruit</p>	<p>14</p> <p>6 Oz Yogurt 4 Baby Carrots Goldfish Crackers ½ Banana</p>	<p>15</p> <p>Bean and Cheese Burrito ¼ C Corn ¼ C Watermelon Pieces</p>	<p>16</p> <p>Soft Taco ¼ C Pinto Beans Applesauce Cup</p>	<p>17</p> <p>Dominos Cheese Pizza ¼ C Cucumber Slices Frozen Berry Cup</p>
<p>20</p> <p>Chicken Taquitos ¼ C Pinto Beans ¼ C Watermelon Pieces</p>	<p>21</p> <p>Pizza Nada ¼ C Corn ¼ C Mixed Fruit</p>	<p>22</p> <p>Bean and Cheese Chim Romaine Lettuce w/dressing Apple Juice</p>	<p>23</p> <p>6 Oz Yogurt 4 Baby Carrots Applesauce Cup Goldfish Crackers</p>	<p>24</p> <p>Dominos Cheese Pizza 4 Baby Carrots ¼ C Watermelon Wedge</p> 
<p>27</p> <p>Cheeseburger Sliders ¼ C Oven Baked Fries ¼ C Diced Peaches</p>	<p>28</p> <p>6 oz Yogurt 4 Baby Carrots Gold Fish Crackers ¼ C Honeydew Pieces</p>	<p>29</p> <p>Pull apart Pillow with Marinara Sauce ¼ C Mixed Fruit</p>	<p>30</p> <p>Cheese Quesadilla ¼ C Refried Beans ¼ C Cantaloupe Pieces</p>	

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CDC SNACK MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Honey Roasted Sunflower Kernels 4 Oz Apple Juice	2 Cinnamon Cracker 1 % Milk	3 Honey Graham Crackers 1% Milk
6 	7 Vanilla Bear Grahams 4 Oz Very Berry Juice	8 President Crackers 1% Milk	9 Honey Graham Crackers 1 % Milk	10 Wheat Crackers 1 % Milk
13 Cheez-it Crackers 1 % Milk	14 Scooby Doo Gaham Stix 4 Oz Apple Juice	15 Goldfish Pretzels 1 % Milk	16 State and Capitol Cracker 1 % Milk	17 Honey Graham Crackers 1 % Milk
20 Honey Grahams 1 % Milk	21 Dick & Jane Crackers 4 oz Very Berry Juice	22 Cheez-it Crackers 1 % Milk	23 Chocolate Bear Grahams 4 Oz Very Berry Juice	24 Honey Graham Crackers 1 % Milk
27 Honey Belly Bears 1 % Milk	28 Cheddar Goldfish 4 Oz Apple Juice	29 Maple Waffle Grahams 1 % Milk	30 Honey Graham Crackers 1 % Milk	

Seamless Summer

Last all year

Must grab one fruit and one vegetable

All students qualify

One free breakfast and lunch



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